

Parenting Classes
Tuesdays 10:00 a.m. - 12:00 noon
November 3, 10 and 17
at the
Hillsborough County Extension Service
5339 CR 579, Seffner, FL 33584

11/3 - Effective Parenting Styles
Communicating With Your Child

11/10 - Positive Discipline
Enhancing Your Child's Self Esteem

11/17 - Stress Management
Helping Your Child Succeed in School



Classes are free and open to the public. Registration required.

A "six hour certificate of completion" will be given.

For more information and to register - contact:

Diana Converse, Family Life Educator

University of Florida Extension/Hillsborough County

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